

HIV Peer Counselling

Duration:	3 days
Time:	8:30 to 16:00 daily Last day until 14:00
Venue:	INCON Health H/O, Durbanville or as per client request (on site)
Refreshments:	INCON Health: Light lunch and tea/coffee provided Client request: As per client
Who would attend?	Health Professionals
Course language:	English
Course material provided:	Course manual, handouts and stationery
Examination required:	Yes
Dates for the year:	As per request
Max:	15 people

Contents:

1. Introduction
2. Nature of Counselling
3. Basic Counselling skills
4. Counselling skills – the various models
5. Emotional Behaviour
6. Confidentiality
7. HIV / AIDS Awareness
8. Healthy eating, safe sex and stress management – Positive Living
9. HIV Testing – pre-testing counselling
10. HIV Testing – post-testing counselling
11. Role Play
12. HIV / AIDS Treatment
13. Loss and Grief & Depression
14. Crisis Intervention
15. Dealing with difficult situations – rape
16. Disclosure of HIV positive status
17. Burnout Syndrome
18. Occupational Transmission of HIV / AIDS
19. Rights of people living with HIV / AIDS
20. Assessment (written)