

First Aid - Level Two

Duration:	3 days Examination on day 4, (1 hour)
Time:	8:30 to 16:00 daily
Venue:	INCON Health H/O, Durbanville or as per client request (on site)
Refreshments:	INCON Health: Light lunch and tea/coffee provided Client request: As per client
Who would attend?	People that completed FA Level One successfully
Course language:	English
Course material provided:	Course manual, handouts and stationery
Examination required:	Yes
Dates for the year:	As per request
Max:	8 - 15 people

Contents:

1. Introduction
 - 1.1 What is first aid?
 - 1.2 What is a first aider?
 - 1.3 Legal Responsibilities
2. Assess the Emergency Scene
 - 2.1 Control of the accident / emergency scene
3. The Human Body
 - 3.1 The examination of the patient at the emergency scene
 - 3.2 Vital signs and organs
 - 3.3 Primary Examination - HHHABC
 - 3.4 Secondary examination
4. Universal Precautions
 - 4.1 Universal precautions in dealing with infectious diseases and first aid treatment
5. Cardiopulmonary Resuscitation
 - 5.1 Cardiopulmonary Resuscitation (CPR)
 - 5.2 Mouth to Mouth Resuscitation
6. Rendering First Aid
 - 6.1 Shock
 - 6.2 Bleeding
 - 6.3 Wounds
 - 6.4 Burn Wounds
 - 6.5 Eye Injuries
 - 6.6 Ear Injuries
 - 6.7 Hand Injuries
 - 6.8 Pneumothorax / Collapsed Lung
 - 6.9 Fractures
 - 6.10 Dislocations
 - 6.11 Sprains and Strains
 - 6.12 Head Injuries



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Contents (continue):

- 6.13 Neck and Spinal Injuries
- 6.14 Dressings and Bandages
- 6.15 Medical Emergencies
- 6.16 Asthma
- 6.17 Heart Attack
- 6.18 Epilepsy (Fits)
- 6.19 Diabetes
- 6.20 Environmental Injuries
- 6.21 Priority of Treatment
- 6.22 Transporting the patient
- 6.23 Poisoning, Bites and Stings
- 6.24 Some interesting facts
- 6.25 First Aid Equipment



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