

# HIV Peer Counselling

<b>Duration:</b>	3 days
<b>Time:</b>	8:30 to 16:00 daily Last day until 14:00
<b>Venue:</b>	INCON Health H/O, Durbanville or as per client request (on site)
<b>Refreshments:</b>	INCON Health: Light lunch and tea/coffee provided Client request: As per client
<b>Who would attend?</b>	Health Professionals
<b>Course language:</b>	English
<b>Course material provided:</b>	Course manual, handouts and stationery
<b>Examination required:</b>	Yes
<b>Dates for the year:</b>	As per request
<b>Max:</b>	15 people

## Contents:

1. Introduction
2. Nature of Counselling
3. Basic Counselling skills
4. Counselling skills – the various models
5. Emotional Behaviour
6. Confidentiality
7. HIV / AIDS Awareness
8. Healthy eating, safe sex and stress management – Positive Living
9. HIV Testing – pre-testing counselling
10. HIV Testing – post-testing counselling
11. Role Play
12. HIV / AIDS Treatment
13. Loss and Grief & Depression
14. Crisis Intervention
15. Dealing with difficult situations – rape
16. Disclosure of HIV positive status
17. Burnout Syndrome
18. Occupational Transmission of HIV / AIDS
19. Rights of people living with HIV / AIDS
20. Assessment (written)